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Impacts of Al Wakeel (#10): How to discover & fill your cracks! Part2

Lecture by Sister Eman al Obaid

www.alhudasisters.wordpress.com

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Part 1 - How will you rely on Allah *subhana wa ta'ala*?

Part 2 – How is Allah wakeel?

Part 3 – If you give wakeela what will Allah *subhana wa ta'ala* give you?

Part 4 – Are you really relying on Allah *subhana wa ta'ala* or just saying it?

Part 5 – Al Wakeel in the Qur'an

Part 6 – Kafa billahi wakeela

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Part 8 – Cracks in our lives

Part 9 – Types of cracks. How will I know my cracks?

Part 10 - How to discover & fill your cracks!



Knowing Al Wakeel will help us to overcome our problems – devote yourself to seeking the Pleasure of Allah and He will take care of everything. You need to appreciate Allah *subhana wa ta'ala*.

How to deal with the cracks in our life?



The Hidden Cracks

Why are these cracks hidden?

Because they are in the heart.

Why don't you know what the cracks are?

Because you don't feel them. Everyone is different, societies are different, so you don't necessarily feel it is wrong.

For example someone feels very proud – but he does not feel it is wrong to be proud because he was told he needs to be confident. Everyone wants to be confident. Another example; your son is wearing a shirt but then he sees some labourer wearing the same shirt and doesn't wear it again. Society encourages this – you can't wear the same outfit again at weddings or social functions.

Arrogance is when you think you are better than everyone else. You want to be unique. It is hidden. May Allah *subhana wa ta'ala* guide us to the straight path. You need to ask Allah *subhana wa ta'ala* for the guidance to overcome that which is clear.

Some people don't keep anything in their heart – they speak very honestly, this is also encouraged.

Success – The success is overcoming my weaknesses, the problems in my life, Al Muhsinun – they are the ones in the eyes of Allah *subhana wa ta'ala* who are Muhsinun. You may think success is to be the best in cooking. But the real success is in the eyes of Allah *subhana wa ta'ala* – this is the success in the dunya and in the akhirah. Your tawwakal ul Allah – you are striving and trying. The hidden cracks society encourages and they give it a nice name.

Who can make you to know your hidden cracks?

Only Allah huwa Al Wahid – He is the only One Who will show you your inner and hidden cracks. Your friend, your husband will not tell you your mistakes. In life no one can tell you your hidden mistakes. It is not upon the human being to show you your mistakes, to show you who you are exactly. Do you want your cracks to be shown to the people? We don't have eyes to penetrate the heart. Alhamdulillah the qalb is covered and Allah *subhana wa ta'ala* did not give this responsibility to the human being.

How will Allah *subhana wa ta'ala* show you your cracks?

Through the turbiyah – Allah *subhana wa ta'ala* is nurturing you in life.

How will I know I am arrogant, proud, sensitive etc?

Allah *subhana wa ta'ala* out of his knowledge and wisdom He will make you face a situation, an incident. This will reveal your inner self.



For example you are the only daughter in law for 20 years. Then a new bride comes into the family and gets all the attention. Before this incident you did not realise you had jealousy in your heart. Allah *subhana wa ta'ala* covered it and you did not feel any pain. The problem is we then start to accuse other people. Eventually you feel left out. This is turbiyah from Allah *subhana wa ta'ala*. It is like you know you have a physical sickness when you have pain.

Allah *subhana wa ta'ala* reveals the sins of the heart in a time that suits you. One situation will bring it to the surface but people will accuse and blame others if they don't understand that this is turbiyah – a nurturing from Allah *subhana wa ta'ala*.

- The Names of Allah will help you to reform yourself – not to reform the people. You think everything is turbiyah so you need to be attentive.

For example someone is too attached to her husband, beyond the limits. She doesn't know she has this attachment to someone other than Allah *subhana wa ta'ala* which is shirk. If someone fills your heart other than Allah *subhana wa ta'ala* this is shirk. Out of Allah *subhana wa ta'ala*'s rahma He showed her that this is wrong – Allah *subhana wa ta'ala* puts her in a situation. It can be a painful situation. The husband becomes distanced from you, he doesn't appreciate anything you do. The more you are doing the more he is looking at someone else. Allah *subhana wa ta'ala* wants to take her husband out of her heart.

But people will humiliate themselves and people withdraw – this refocuses the people. When you resist, you fight – the husband will fight. You need to understand this is nurturing. When you understand then the cracks will be thinner and thinner. This can be with your children, with siblings or with friends. No one can tell you this is wrong.

In a suitable time, gradually Allah *subhana wa ta'ala* will initiate a situation to show you your problems. But we are not accepting the nurturing – this is prolonging our problem. Your nurturing is different to somebody else's. Everyone acts according to what is in their heart.

How to solve the problems?

Half of the solution is to know you have this problem. The pain you feel is to for you to understand you have this sickness – knowing is half the cure. Don't neglect the signs of Allah *subhana wa ta'ala*, don't neglect the nurturing of Allah *subhana wa ta'ala*. At a time which is suitable you will react, you will overflow, you will know yourself.

Does everyone know their hidden cracks?

Everybody goes into a situation in different ways. For example you got delayed in traffic. Another person didn't get any traffic but you both left home at the same time. Allah *subhana wa ta'ala* puts her in a situation to nurture her – everything is pre ordained, decreed, nothing is down to luck. She is impatient so she needs to wait in a queue. Is everybody nurturing from the nurturing? Allah *subhana wa ta'ala* took charge of your nurturing.

Do you understand the nurturing?

That is why it is important to know Allah *subhana wa ta'ala*. We will not know our own selves until Allah *subhana wa ta'ala* puts us in a situation – but we are blaming the situation or the people. Don't blame, don't point. You test is your test. Live you life as if in a bubble – don't blame and don't point. Your nurturing is for you. When you have problems with other people straight away you argue. But Allah *subhana wa ta'ala* wants to nurture you so you know your own cracks.

Turbiyah = nurturing and reforming to overcome your problems.

Don't give excuses to yourself – I acted like that because she deserved it. How will you be nurtured, upgraded? Our whole life is turbiyah. You need to be firm with yourself, don't ignore it, don't give excuses to yourself. Don't ignore the signs, don't ignore Allah *subhana wa ta'ala*'s nurturing and don't give excuses to yourself. Especially when you are going through some decree – you need to surrender and submit to Allah *subhana wa ta'ala*. As you become better you will be elevated.

The wisdom for turbiyah

You will fill your building so that you deserve to live in Paradise. Paradise is a pure land which needs perfect people.

Maybe you are always judging people – Allah *subhana wa ta'ala* will make you to taste being judged by people, to feel the pain. Don't ignore it, don't give excuses. You sit in the dars, some people come and go. Other people have a problem, they are pushed by their neighbour. Allah *subhana wa ta'ala* wants to nurture you, your nurturing can be anywhere, you need to be prepared, it maybe at any moment. When I know this, at least I know this is Allah *subhana wa ta'ala*'s action. This is how Allah *subhana wa ta'ala* works.

Chapter (6) sūrat I-an'ām (The Cattle)

أَوْ مَن كَانَ مَيِّتًا فَأَحْيَيْنَاهُ وَجَعَلْنَا لَهُ نُورًا يَمْشِي بِهِ فِي النَّاسِ كَمَن مَّثَلُهُ فِي
الْظُّلُمَاتِ لَيْسَ بِخَارِجٍ مِّنْهَا كَذَلِكَ زُيِّنَ لِلْكَافِرِينَ مَا كَانُوا يَعْمَلُونَ ﴿١٢٢﴾

6:122 And is one who was dead and We gave him life and made for him light by which to walk among the people like one who is in darkness, never to emerge there from? Thus it has been made pleasing to the disbelievers that which they were doing.

This is when you know Allah *subhana wa ta'ala* and when you don't know Allah *subhana wa ta'ala*.

You need to have a light to deal with people – don't argue, don't reject, don't suppress. Don't look at the other side, it happened to you because it's nurturing from Allah *subhana wa ta'ala*. Then you will be elevated and upgraded in Paradise.

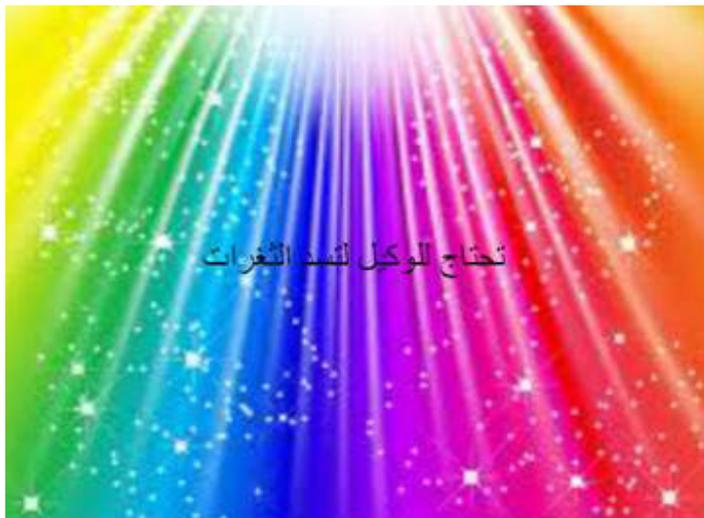
This is the theory – in actual life Allah *subhana wa ta'ala* keeps us firm, we need the knowledge to understand.

You went through a situation, you don't want someone to criticise you. You realise you are a very sensitive person, proud, arrogant or judgemental.

What am I supposed to do?

Who said you will do it?

Tawakkul Allah. Al Wakeel is showing you your cracks. Who can perfect it for you and make you to overcome your cracks – Al Wakeel. When you know it flee to Allah *subhana wa ta'ala*, "Ya Rabbi solve it for me, give me the means to overcome it".



Umm Salamah, one of the Prophets *ṣallallahu 'alayhi wa sallam* wives when she was widowed she was very hesitant to remarry because firstly she had a lot of children, and secondly she was a very jealous person. Prophet Muhammad *ṣallallahu 'alayhi wa sallam* told her Allah *subhana wa ta'ala* will take care of your children and Allah *subhana wa ta'ala* will remove your jealousy.

You need to trust Allah *subhana wa ta'ala* – Al Wakeel is when you fully rely and trust in Allah *subhana wa ta'ala*. When you

trust Allah *subhana wa ta'ala* you feel no one can perfect for you and solve these cracks except Him. This is the saying of the heart. Allah *subhana wa ta'ala* will bring the means which is suitable

for you – steps which are short and to the point. But straight away you want the solution and remedy. Even for our purification we need to rely on Allah *subhana wa ta'ala*.

When you rely on Allah *subhana wa ta'ala*, Allah *subhana wa ta'ala* will be with you more than you expect.

Even if you did not reach your target you will get the abundant reward with Allah *subhana wa ta'ala* – you will go to Paradise without the recompense.

When Allah *subhana wa ta'ala* initiates, when Allah *subhana wa ta'ala* gives you these cracks you need to look at it in a positive way, you need to use it in order to have the tawakkul in order to go to Paradise. Nobody will leave this dunya having accomplished everything. Everyone when they die will feel there is something they didn't accomplish. Don't think about the perfection.

What is the wisdom behind the cracks?

Allah *subhana wa ta'ala* initiates in us the need for Him, as Allah *subhana wa ta'ala* knows that you will not go to Him unless there is some problem.

You will not feel the pain and when you feel the pain you will say 'Ya Rabbi help me'. That is why it is a good thing.

Allah *subhana wa ta'ala* gives us the problem in order that the ibadat, the obedience, the tawakkul comes from you.

The bad things in your life are a way of honour. Yusuf *alaihi as-salaam* had so many problems in his life but they were a way to kingship. The cracks are not to make our life difficult, to harm you, only for you to flee to Allah *subhana wa ta'ala*, to go to Him. You will live your life the best, you will enjoy every moment, you will not be sad, even when something bad happens you will feel good.

Don't complain about your problems. Your problems are a way to the success and honour, use it well, use it with the tawakkul. This is how you will know your cracks and overcome them, tawakkul Allah. Overcoming the problems does not mean they will be solved, just get the tawakkul and you will get the reward.

No one can say "I asked Allah *subhana wa ta'ala* and Allah *subhana wa ta'ala* did not answer my du'a". Submission and obedience is very important. Sometimes we are not submitting until after we submit. Just make it quicker & simpler, any incident happens to you, submit to Allah *subhana wa ta'ala*.

Whatever decree happens to you just submit and don't ignore it, maybe there is a sign. Make Tawakkul Allah.

InshaAllah to be continued.

This is a transcript of a lecture given by Sister Eman al Obaid. We ask Allah *subhana wa ta'ala* for His forgiveness and His Mercy. Anything that is good from these notes is from Allah *subhana wa ta'ala*. Any mistakes & misrepresentations are my own. I ask Allah *subhana wa ta'ala* for His forgiveness and to put forgiveness in the hearts of those who read them. JazakAllah Khairan.