

Life Rules from the Quran (قواعد ربانية من القرآن) – Class #17

Source: (عمر المقبل) – قواعد قرآنية في النفس و الحياة

Rule #27: Surah Fatir 18: (وَمَنْ تَزَكَّىٰ فَإِنَّمَا يَتَزَكَّىٰ لِنَفْسِهِ) (And he who purifies himself (from all kinds of sins), then he purifies only for the benefit of his ownself)

Surah Fatir 15-18:

يَأْتِيهَا النَّاسُ أَنْتُمْ الْفُقَرَاءُ إِلَى اللَّهِ وَاللَّهُ هُوَ الْغَنِيُّ الْحَمِيدُ (١٥) إِنْ يَشَأْ يُذْهِبْكُمْ وَيَأْتِ بِخَلْقٍ جَدِيدٍ (١٦) وَمَا ذَٰلِكَ عَلَى اللَّهِ بِعَزِيزٍ (١٧) وَلَا تَزِرُ وَازِرَةٌ وِزْرَ أُخْرَىٰ وَإِنْ تَدْعُ مُثْقَلَةٌ إِلَىٰ جَمِيلٍ لَا يُحْمَلْ مِنْهُ شَيْءٌ وَلَوْ كَانَ ذَا قُرْبَىٰ إِنَّمَا تُنذِرُ الَّذِينَ يَخْشَوْنَ رَبَّهُم بِالْغَيْبِ وَأَقَامُوا الصَّلَاةَ وَمَنْ تَزَكَّىٰ فَإِنَّمَا يَتَزَكَّىٰ لِنَفْسِهِ وَإِلَى اللَّهِ الْمَصِيرُ (١٨)

O mankind! it is you who stand in need of Allâh, But Allâh is Rich (Free of all needs), Worthy of all praise. (15) If He willed, He could destroy you and bring about a new creation. (16) And that is not hard for Allâh. (17) And no bearer of burdens shall bear another's burden, and if one heavily laden calls another to (bear) his load, nothing of it will be lifted even though he be near of kin. You can warn only those who fear their Lord unseen, and perform As-Salât (Iqâmat-as-Salât). And he who purifies himself (from all kinds of sins), then he purifies only for the benefit of his ownself. And to Allâh is the (final) Return (of all). (18)

- We are poor to Allah (جَلَّ) from all aspects and He's The Most Rich, Most Praiseworthy. If we're not feeling poor to Allah (جَلَّ) then easily He can remove us and replace us with those who are better in obedience and submission to Him. On the Day of Judgment, no one will help us carry our burden of sins, even those closest to us. Who will benefit from the warnings?
 1. Those who fear their Rabb in the unseen → this makes a person do the obligation and flee from the sins
 2. Establish the prayer → this invites a person to do good and stay away from indecency and evil

Whoever purifies himself then he's only benefitting himself. purifies himself (from all kinds of sins), then he purifies only for the benefit of his ownself)

1. This is great rule because it has a huge impact on the life of a slave
2. The place of purification is the heart. The heart is like a king, if you take care of the king then all of the instructions coming from it will be good, the tongue and limbs will be good. If the heart is good then the rest of the body will be good and if the heart is corrupt then the rest of the body will be corrupt
3. Meaning of purification:
 - Emptying things out (التخلية), to cleanse from (التطهير):
 - Tangible: dirt
 - Intangible: sicknesses of the heart
 - And sweetening (التحلية) it with increment and growth (الزيادة و النمو)
4. Process of purification, removing and replacing:

Getting rid of faults	Replace with increment and growth with praiseworthy manners
Ar Riyaa (showing-off)	Ikhlas
Arrogance	Humbleness
Lying	Truthfulness
Cheating	Honesty
Plotting	Advising others in goodness

5. When you purify yourself then you're the one who benefits, it goes back to you
6. Surah Ash Shams shows the importance of purification based on the oaths mentioned there. There are eleven oaths for: (وَقَدْ خَابَ مَنْ دَسَّهَا) (Indeed he succeeds who purifies his ownself) (فَقَدْ أَقْلَحَ مَنْ زَكَّهَا) (And indeed he fails who corrupts his ownself)
7. Musa (as) called Firaoun to purify himself
8. Ibrahim (as) supplicated by asking for a messenger to be among his offspring who will recite Allah's verses to the people, teach them the book and wisdom and purify them. The Prophet (ﷺ) was sent as a result of this dua Surah Al Baqarah 129: (وَالْحِكْمَةَ وَيُزَكِّيهِمْ إِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ) (Our Lord! Send amongst them a Messenger of their own (and indeed Allâh answered their invocation by sending Muhammad Peace be upon him), who shall recite unto them Your Verses and instruct them in the Book (this Qur'ân) and Al-Hikmah (full knowledge of the Islâmic laws and jurisprudence or wisdom or Prophethood), and purify them. Verily! You are the All-Mighty, the All-Wise.")
9. Means for self-purification:
 - Tawheed Allah (ﷻ)
 - Taddabur of the Quran
 - Much remembrance
 - Obligatory prayer and voluntary prayers, especially qiyam al layl
 - Account yourself
 - Remembering death
 - Remembering the Day of Judgment
 - Read the seerahs of the messengers and companions
10. Make dua: (اللهم آت نفسي تقواها، وزكها أنت خير من زكاها، أنت وليها ومولاها،) (Allahumma ati nafsi taqwaha, wa zakkiha Anta khairu man zakkaha, Anta waliyyuha wa maulaha.) (O Allah! Grant me the sense of piety and purify my soul as You are the Best to purify it. You are its Guardian and its Protecting Friend.) – Riyadh As Saliheen, Muslim, Book 17, Hadith 1479

May Allah (ﷻ) grant us pure nafs. Ameen.