



Surah An Naba 32 - 36

Sister Eman al Obaid

Tuesday 8th April

We have a du'a wamin al hum for worry, distress and grief. What is the du'a for removing distress and of granting the relief? When you ask Allah swt by all His Names, the ones we know and the ones we don't know.

“May Allah make this Qur'an the spring of our hearts, the light of our eyes, the remover of the distress and the grief.”

'H'am' – any worry in the future about your children, your life, your job etc.

'Al Gham' – worries about the past

The solution to all this is the Qur'an. People are spending so much money to remove the distress or the grief. But the solution cannot be the money because not everyone can afford it. The solution is the Qur'an.

KalamAllah

- Someone says I have a problem with my husband. The solution is the Qur'an.
- I'm worrying about my children. The solution is the Qur'an.
- I don't know what to do about my job. The solution is the Qur'an.
- I don't know what to do in my life. The solution is the Qur'an.

Anything happens, gather yourself, it is kalamullah and it solves our h'am and gham. The spring is kalamAllah.

We have to believe in this, if we don't then the Qur'an will not help us. The Qur'an will help those who really believe and this is the ultimate solution.

Subhana Allah, Allah made the Qur'an accessible to everybody, you don't have to travel or sit on a mountain. Even with a limited understanding if you come to the Qur'an; 'Really I want a solution', Allah will teach you but you need to have the trust.

Qur'an Al Mithani

When Allah is telling you about the warnings then Allah swt will follow it with a glad tidings. When Allah is telling you about the glad tidings then Allah swt will follow it with a warning. So the Qur'an keeps you between the love of Allah swt, because you can't live without love; and hope and fear. Not too much fear and not too much hope, and that is the Qur'an

Effect of the Qur'an

The real effect of the Quran is when you read it from awal (first) to akhir (last). Even if you read one ayat at a time or one surah. Imagine if you read the whole Qur'an. The Qur'an will rebalance you, give you love, hope and fear.

Imagine if you extract only the ayat with hope or only the ayat with fear. You need the whole Qur'an.

The People of Paradise

The main characteristic of the people of paradise is their 'yaqeen'. I should have taqwa – but I need Allah to help me. I cannot do taqwa without the help of Allah swt. You need to guard yourself from yourself, from the evil of yourself and the shaitan; so as not to be deviated.

Muttaqeen

(78:32:2)	(78:32:1)	(78:31:3)	(78:31:2)	(78:31:1)
wa-a'nāban	ḥadāiqā	mafāzan	lil'muttaqīna	inna
and grapevines,	Gardens	(is) success,	for the righteous	Indeed,
وَأَعْنَابًا	حَدَائِقَ	مَفَازًا	لِلْمُتَّقِينَ	إِنَّ

MAFAZI – is the **place** of success. There are gardens and from the gardens you have grapes.

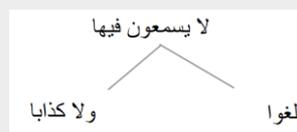
(78:34:2)	(78:34:1)	(78:33:2)	(78:33:1)
dihāqan	wakan	atrāban	wakawā'iba
full.	And a cup	well-matched,	And splendid companions
دِهَاقًا	وَكَأْسًا	أَتْرَابًا	وَكَوَاعِبَ

The filling of the **CUP** in paradise depends on how much you want to drink without you even asking. There is no life except the life of the akhir, this life is just a test. To complete the life in paradise it is not just the tangible things, it is the next ayah which we don't have in this life.

(78:35:6)	(78:35:5)	(78:35:4)	(78:35:3)	(78:35:2)	(78:35:1)
kidhāban	walā	laghwan	fihā	yasma'ūna	lā
any falsehood,	and not	any vain talk	therein	they will hear	Not
كِدَابًا	وَلَا	لَغْوًا	فِيهَا	يَسْمَعُونَ	لَا

It is not mentioned speech because people speak good but you don't always **HEAR** good, and when you don't hear good in life you have to do taqwa. But in Paradise Allah swt negates you hearing anything that would disturb you, harm you or make you to worry, and this is Paradise. In life we cannot avoid this as we are being tested with what we hear and what we see. But be careful of what you say and what you think and what you believe.

Paradise is the real life, the life we really need to look up to. There are people in Paradise but you will not hear 2 things;



1. Laghwan (dispraise) – unnecessary talk of no value, no benefit, useless.

Chapter (23) sūrat l-mu'minūn (The Believers)

قَدْ أَفْلَحَ الْمُؤْمِنُونَ ﴿١﴾

23:1 Certainly will the believers have succeeded:

And they are 'qaashi'un' in their prayer.

﴿٢﴾ الَّذِينَ هُمْ فِي صَلَاتِهِمْ خَاشِعُونَ 23:2 They who are during their prayer humbly submissive

And after mentioning their prayer:

﴿٣﴾ وَالَّذِينَ هُمْ عَنِ اللَّغْوِ مُعْرِضُونَ 23:3 And they who turn away from ill speech

They may hear vain talk but they don't indulge in it or make judgements, they just turn away from it.

Ibdhu Rahman

Chapter (25) sūrat l-fur'qān (The Criterion)

وَعِبَادُ الرَّحْمَنِ الَّذِينَ يَمْشُونَ عَلَى الْأَرْضِ هَوْنًا وَإِذَا خَاطَبَهُمُ الْجَاهِلُونَ قَالُوا سَلَامًا ﴿٦٣﴾

25:63 And the servants of the Most Merciful are those who walk upon the earth easily, and when the ignorant address them [harshly], they say [words of] peace,

They honour themselves by not indulging in laghwu as it has no benefit and it is not a sin. Allah swt purified Paradise from laghwu.

Tongue

Your tongue can take you to Paradise or it can take you to Hellfire. A single word can take you to Paradise or take you to Hellfire.

Hadith: Allah's Messenger (sal Allahu alaihi wa sallam) said, "Do you know the thing which most commonly brings people into Paradise? It is fear of Allah and good character. Do you know what most commonly brings people into Hell? It is the two hollow things: the mouth and the private parts." [Tirmidhi]

It is very easy to say anything as we are following our desires.

2. Khidhba (lies) – no lies in Paradise

There are many types of sinful talk but the worst is the lies. The munafiqeen lie. Today 'lying' is in the form of jokes and people laughing at lies. This is not entertainment. In Paradise we are purified from this so it means that this is not a pleasure.

Pure Heart

Laghwun and Khidhba make the heart impure.

Chapter (15) sūrat l-hij'r (The Rocky Tract)

﴿٤٧﴾ وَنَزَعْنَا مَا فِي صُدُورِهِمْ مِّنْ غَلٍّ إِخْوَانًا عَلَىٰ سُرُرٍ مُّتَقَابِلِينَ

15:47 And We will remove whatever is in their breasts of resentment, [so they will be] brothers, on thrones facing each other.

If there is hatred in the heart which you cannot remove, you cannot go to Paradise, but Allah swt will remove the hatred.

May Allah swt help us to ask for forgiveness from each other. Ameen

(78:36:5)	(78:36:4)	(78:36:3)	(78:36:2)	(78:36:1)
hisāban	'atāan	rabbika	min	jazāan
(according to) account,	a gift	your Lord,	from	(As) a reward
حِسَابًا	عَطَاءً	رَبِّكَ	مِنْ	جَزَاءً
			(*)	(*)



[As] reward from your Lord,

Jaza – a recompense. A recompense in Hellfire is an equal recompense. But in Paradise it is a bountiful recompense. So they reached Paradise not by their might and power, as our deeds cannot take us to Paradise. We cannot rely on our deeds.

Aisha reported: The Messenger of Allah, peace and blessings be upon him, said, “Be deliberate in worship, draw near to Allah, and give glad tidings. Verily, none of you will enter Paradise because of his deeds alone.” They said, “Not even you, O Messenger of Allah?” The Prophet said, “Not even me, unless Allah grants me mercy from himself. Know that the most beloved deed to Allah is that which is done regularly even if it is small.”

Source: Ṣaḥīḥ al-Bukhārī 6099, Ṣaḥīḥ Muslim 2818

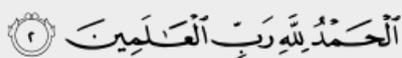
Mercy

Only the mercy of Allah swt will take us to Paradise. Rabbika is not mentioned with hellfire. Your Nurturer, your Reformer will reform you in order for you to deserve to enter His Paradise. Allah swt guides you to do taqwa, He guides you to pray, He guides you to talk good and to say good and to ask for forgiveness. You are not doing anything, Allah Al Awal Al Akhir, The First The Last.

TurbiyatAllah

The believers believe that Allah swt is nurturing them and reforming them with His decree, with the people, with everything. They believe only Allah huwa Rabb, not anyone else. They accept the turbiyah, that is why they reach up higher and higher.

Chapter (1) sūrat l-fātiḥah (The Opening)



1:2 [All] praise is [due] to Allah , Lord of the worlds -

You praise Allah swt because you know Allah swt is not leaving you without the nurturing. The mother usually makes turbiyah for the house. Imagine if a mother is not reforming or teaching, then the children will have no turbiyah. Without you asking Allah swt is reforming you, very subtle, your family, people in the street are all reforming you. The believer does not see the people, they see that Allah swt is teaching me, I need to be patient, though it is not easy. This is how we go to Paradise.

The minimum I do is that I don't understand this situation; what is Allah swt trying to teach me? Be patient. You need patience and taqwa, you accept the nurturing without always trying to understand the nurturing.

Allah Al Kaafee

Allah swt is enough for us, His turbiyah is enough, His rizq is enough, and He will not leave anyone. Maybe we leave Allah swt, so many times in a day we don't remember Allah swt but Allah swt does not leave anyone. Maybe we will be bad with Allah swt, transgress, exceed our boundaries but Allah swt is not leaving our turbiyah, Allah swt is not leaving our nurturing.

Maybe your mother will get fed up but Allah swt will never leave anyone. If you don't accept the nurturing Allah swt will bring it again and again until you learn, or don't learn. That is why Allah swt is enough for us.

This is the nurturing of Allah swt for more than what they did.

عطاء 'aṭāan – giving, Allah swt gave them favours. They didn't do anything, they accepted Allah swt nurturing

حسابا hisaabān – account. But here hisaabān means 'enough recompense'.

كافيا sufficient – when the people of Paradise go, and Allah guides them they feel they don't need anything more, they are satisfied; even if they are the last person to go to Paradise from Hellfire. He will see there is no space but with Allah swt everything is possible. He will wish and Allah swt will give him more than what he wished for x10. No one is jealous and there is no rivalry in Paradise. Kaafee – when you feel 'I don't need more', this is Paradise.

The people of Paradise went through the nurturing and Allah swt will give them more, above and beyond what they did. So you have 2 meaning for the hisaab;

- The accounting
- Kaafee.