



# Clouds of Thought

Winter Series 2018-2019 – Class #6

Date: 28 December 2018 / 21 Rabi' Al Thaani 1440



## Cloud of Thought – Stop Complaining and Start Treating

- There can be different things which we might complain about but any complaining will not take us up.
- If a person is going up and he's complaining then it will distract those around him and if a person is going up and people are complaining to him then it will distract him as well.
- Why does someone complain? Because he's deceived by the duniya, subhan Allah.
- The one who loves the duniya will talk about it whether positively or complaining about it as well.
- The one who complains is afflicted and it will prevent him from going forward and from others going forward.
- The one who's complaining is closing many doors on himself and for others. And these could have been shortcuts for him.

### Different types of complaining:

1. Wiswas: someone who's obsessed with complaining
  2. Those who are always complaining about their children.
  3. Those who are always complaining about their wealth, business, workplace.
  4. Those who are always complaining about people. This means they've been afflicted by the people of the duniya and it shows it's his concern.
- The one complains is the one who's deceived with the duniya without him knowing it, astghfar Allah. This should make us cautious before complaining. If we stop complaining and start looking for a solution then Allah (ﷻ) will take us out of the fitna.
  - If we want success and happiness in this life and the hereafter then we need to stop thinking of the duniya and know that Allah (ﷻ) will help us. It's time to live a life with faith.
  - We shouldn't complain about the people, their actions and even their misguidance and rebellious attitude. Rather we should help those who are misguided by making dua for them.
  - We shouldn't even complain about ourselves because then we are programming negativity in us. Recall that our journey is high to the seventh heaven and to Firdaus Al 'Ala. May Allah (ﷻ) make us reach. Ameen.



- Sometimes people are pushing us to complain about ourselves, why? Because they don't like us to be successful and go forward. The shaitan hates for us to be successful, happy and productive, so he brings this idea into our mind to complain about ourselves. We need to seek refuge and Allah (ﷻ) will protect us.
- Those who complain about the present will not change anything. Rather a person should stop complaining and look for a solution.

#### **How do we apply what we learned and change for the better?**

- Do not complain and don't be deceived with the duniya
- Seek help with Allah and look for a solution

**May Allah (ﷻ) make the Quran the spring of our heart. Ameen.**