



Clouds of Thought

Winter Series 2018-2019 – Class #7

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Cloud of Thought – Your Day is Your Day

- We need to set up our plans and priorities according to what we're able to do.
- Allah (ﷻ) wants ease for us and not hardship. **Surah Al Baqarah 185: (يُرِيدُ اللَّهُ بِكُمْ الْيُسْرَ وَلَا يُرِيدُ بِكُمْ الْعُسْرَ)**
(Allah intends for you ease, and He does not want to make things difficult for you.)
- **Surah An Nisa'a 28: (يُرِيدُ اللَّهُ أَنْ يُخَفِّفَ عَنْكُمْ وَخُلِقَ الْإِنْسَانُ ضَعِيفًا)** **(Allah wishes to lighten (the burden) for you; and man was created weak)**
- We shouldn't worry about the future because it can cause us to have low determination.
- Ibn Umar may Allah be pleased with him said: 'if you awake in the morning, don't wait for the night, and if you're awake at night, don't wait for the morning', so live day by day.
- How can we live day by day? By setting up a goal everyday. Write a to do list for yourself, and this gives you an idea of what needs to be achieved.
- How do we begin? By starting with repentance. **Dua: (رَبِّ تَقَبَّلْ تَوْبَتِي وَاعْسِلْ حَوْبَتِي وَأَجِبْ دَعْوَتِي)** **(My Lord, accept my repentance, wash my sin, answer my call)**
- Challenge yourself by writing things which can take you higher.
- Ibn Al Qayyim said 'you're a traveler traveling to your Lord from the moment you're born', subhan Allah. 'The days and nights are stages for your travel and the one who's thinking properly will look properly at every stage of his life'.
- Don't worry about the future, and don't be sad for your past.
- Live day by day so you can enjoy and relax, and start building your day with all that Allah (ﷻ) loves.
- Ibn Al Qayyim said 'a year is like a tree, and the branches are like months and its twigs are like days and its leaves are like hours'.
- Your day is your day in order you may reach the pleasure of Allah (ﷻ). **Surah Luqman 34: (وَمَا تَدْرِي نَفْسٌ مَّاذَا تَكْسِبُ غَدًا)** **(No person knows what he will earn tomorrow)** – no one knows what they will earn tomorrow so don't worry about it.
- Be productive for the day and you will reach.

How do we apply what we learned and change for the better?

- Don't worry about tomorrow because no one knows what they will earn



- Repent to Allah (ﷻ) in order to be more productive

May Allah (ﷻ) forgive us and grant a good end. Ameen.