



## Quranic & Prophetic Nurturing Program

Spring of the Heart: Surah Al Furqan (سورة الفرقان) – Class 13

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### Sickness & Problem (الأمراض والمشاكل): Disgrace (الخذلان)

#### Introduction:

- Disappointment and disgrace come when a person is attached to other than Allah (ﷻ). Also when a person lets others down then he becomes a cause of disappointment.

**Dua:** كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَدْعُو يَقُولُ " رَبِّ أَعْنِي وَلَا تُعِنِّ عَلَيَّ وَأَنْصُرْنِي وَلَا تَنْصُرْ عَلَيَّ وَأَمْكُرْ لِي وَلَا تَمْكُرْ عَلَيَّ وَاهْدِنِي وَيَسِّرْ لِي الْهُدَى لِي وَأَنْصُرْنِي عَلَيَّ مَنْ بَعَى عَلَيَّ رَبِّ اجْعَلْنِي لَكَ شَكَرًا لَكَ دُكْرًا لَكَ رَهَابًا لَكَ مَطْوَعًا لَكَ مُحِبًّا إِلَيْكَ أَوْأَهَا مَنِيبًا رَبِّ تَقَبَّلْ تَوْبَتِي وَأَعْسِلْ حُوبَتِي (وَأَجِبْ دَعْوَتِي وَثَبِّتْ حُجَّتِي وَسَدِّدْ لِسَانِي وَاهْدِ قَلْبِي وَاسْئَلْنِ سَخِيمَةَ صَدْرِي

"My Lord, aid me and do not aid against me, and grant me victory and do not grant victory over me, plot for me and do not plot against me, guide me and facilitate guidance for me, grant me victory over those who transgress against me. My Lord, make me ever-grateful to You, ever-remembering of You, ever-fearful of You, ever-obedient to You, ever-humble to You, off-turning and returning to You. My Lord, accept my repentance, wash my sin, answer my call, make firm my proof, make firm my tongue, guide my heart, and remove the treachery of my chest (Rabbi a`innī wa lā tu`in `alayya, waṣṣurnī wa lā taṣur `alayya, wamkur lī wa lā tamkur `alayya, wahdinī wa yassiril-huda lī, waṣṣurnī `alā man baghā `alayya. Rabbij`alnī laka shakkāran, laka dhakkāran, laka rahhāban, laka miṭwā`an, laka mukhbitān, ilaika awwāhan munība. Rabbi taqabbal tawbatī, waghsil ḥawbatī, wa ajib da`watī, wa thabbit ḥujjatī, wa saddid lisānī, wahdi qalbī, waslul sakhīmata ṣadrī).") - Jami` at-Tirmidhi 3551

- Sins can be a disgrace and deception to the person when he thinks he's doing good while actually doing bad.
- We want people who are a coolness to our eyes and when we look at them, we enjoy. The more we go in life, the more we'll be inspired to make dua. Ibad Ar Rahman are selective in who they want around them because they want those who are a coolness to their eyes and to lead those who are muttaqeen and not those who are following their desires.
- We should ignore talk which deviates us from our purpose.

#### Meaning in the language (معنى لغة):

- Leaving the victory of someone and not helping him when he's in need



- One of the worst types of disgrace is when Allah (ﷻ) leaves a person. Allah (ﷻ) never neglects or leaves anyone unless they're worthy to be left, astaghfar Allah. He will be left meaning he will not be protected from sins.

#### **Depictions of disgrace:**

- Let down the oppressed: friends and good people are the ones who will be support the one who's 'drowning'.
- Let down in the time of battle: a person leaves giving victory and this is from the qualities of the hypocrites.

#### **Consequences of Disgrace:**

- Spreads selfishness and only love of self
- Prefers his own comfort and careless about others
- No courage to help those in need
- Severs relations between others
- Reason for humiliation
- Shame on the person

#### **Reasons for falling into disgrace:**

- Away from faith: faith keeps a person guided, protected and away from disappoint. Being away from faith will surely lead to disgrace.
- Rely and seek help from other than Allah (ﷻ)
- Obeying the hypocrites and disbelievers: following their desires will lead to disappoint
- Leaving good companions who support in the way to Allah (ﷻ)
- Inclining to the wrongdoers
- Indulgence in the duniya
- Self-amazement
- Cowardice and wrong views
- Not being pleased with the decree. We need to believe all that Allah (ﷻ) decrees is correct.
- Weak faith
- Cutting relations with family
- Attaching to other than Allah (ﷻ): may Allah (ﷻ) protect us from shirk. Ameen.
- Accompanying those who are lowly and demotivating
- Conflict and disputing

## Ayah 19

فَقَدْ كَذَّبْتُمْ بِمَا تَقُولُونَ فَمَا تَسْتَطِيعُونَ صَرْفًا وَلَا نَصْرًا وَمَنْ يَظْلِم مِّنْكُمْ نُدِقْهُ عَذَابًا كَبِيرًا

Thus they (false gods - all deities other than Allah) will belie you (polytheists) regarding what you say (that they are gods besides Allah): then you can neither avert (the punishment), nor get help. And whoever among you does wrong (i.e. sets up rivals to Allah), We shall make him taste a great torment.

Word	Meaning
فَقَدْ كَذَّبْتُمْ	but they have belied you
بِمَا تَقُولُونَ	of what you say (that they are gods besides Allah)
فَمَا تَسْتَطِيعُونَ	so you will not be able to
صَرْفًا وَلَا نَصْرًا	avert anything nor get help
وَمَنْ يَظْلِم مِّنْكُمْ	and whoever is unjust among you (by committing shirk)
نُدِقْهُ عَذَابًا كَبِيرًا	We will make him taste a great torment

- With patience there is victory and when those who are worshipped besides Allah (ﷺ) are asked 'why they were being worshipped', they answered without any accusing, and this is on the Day of Judgement, subhan Allah. They say the truth without accusing and this is how we need to be in life.
- Surah Al Furqan highlights the talk of those who were being worshipped though they didn't tell others to worship them. The disbelievers are always talking in the duniya so their talk is not highlighted.
- (فَقَدْ كَذَّبْتُمْ بِمَا تَقُولُونَ) (Thus they (false gods - all deities other than Allah) will belie you (polytheists) regarding what you say (that they are gods besides Allah)): what does



Allah (ﷻ) tell the followers? The false gods you were worshipping belied you by what you were saying. What were the followers saying? They told us to worship them, they are idols, they are awliya and will intercede for us. The one who attaches to righteous and takes them as idols is a result of their indulgence in the duniya and turning away from the reminders. When we get reminders and take them then we will not attach to other than Allah (ﷻ).

- Thus the reason for shirk is because they and their forefathers enjoyed the duniya thus they forgot the reminders. And shirk is always related to some kind of business such as crystals, energy, and visiting graves.
- Allah (ﷻ) can easily put each person where he belongs in the hellfire or paradise, but everything will be cleared before each goes to where he belongs.
- And in the end those whom they thought will help them will become their worst enemies. They will disappoint and let them down; this is true disgrace which is worthy for them. Disappointment comes when we attach to other than Allah (ﷻ) and when we do things which don't make sense. Anyone who attaches to anything other than Allah (ﷻ) will be tortured by it. Shirk is pain, shirk is disappoint, shirk is disgrace.
- We don't want to be disgraced and we will be protected from it when we go to Allah (ﷻ) alone. May Allah (ﷻ) protect us from all shirk. Ameen.
- They had expectations from their idols but they became disappointed. They expected to be given victory, but they were not. Our expectations should only be from Allah (ﷻ). Expectations from other than Him are disappointment.
- **﴿فَمَا تَسْتَطِيعُونَ صَرْفًا وَلَا نَصْرًا﴾ (then you can neither avert (the punishment), nor get help.):** they expected to be protected and given victory but they will not get it. When someone is attached to something, he will expect everything from them. But the one who expects from Allah (ﷻ) will surely not be disappointed. We will get disappointed by people because of ourselves and our attachment to them. When we want help, when we want victory and when we want cure then we should expect it from Allah (ﷻ) and we'll get it.
- We need to know we are human beings in need, made of clay and a drop of water, but Allah (ﷻ) gave us a chance to be in paradise, subhan Allah.
- They are not able to push or avert any harm which comes their way, or ransom to save themselves. Ibad Ar Rahman ask Allah (ﷻ) to have the torment of the hellfire to be averted away from them. What leads to the torment of the hellfire? Sins and shirk.



- Victory is only in Allah's Hands so we should only ask Him. After victory there will be an opening. May Allah (ﷻ) grant us victory. Ameen.
- Surah Al Furqan is warning us but with the warnings there are with blessings, subhan Allah.
- Those who were committing shirk knew they were doing wrong because Allah (ﷻ) was sending reminders to them. Allah is Ar Rabb and anyone doing shirk or any kind of wrong then surely Allah (ﷻ) will show him, but the person was stubborn and didn't accept.
- **(وَمَنْ يَظْلِمِ مَنكُم نَذِقْهُ عَذَابًا كَبِيرًا) (And whoever among you does wrong (i.e. sets up rivals to Allah), We shall make him taste a great torment.):** the dhulm they committed is shirk. Dhulm is to put things in its wrong place, and the dhulm being committed is shirk al uloohiya – shirk in their actions, attachments and worships. **Surah Luqman 13: (لَا تُشْرِكْ بِاللَّهِ إِنَّ الشِّرْكَ لَظُلْمٌ عَظِيمٌ) (Verily joining others in worship with Allah is a great Zulm (wrong) indeed.).** Anyone doing shirk is out of place and cannot fit anywhere thus is cast in the hellfire, astaghfar Allah.
- They crossed their boundaries in the relationship with Allah (ﷻ) and with the people.

**Hadith:** قَالَ لِلنَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَا رَسُولَ اللَّهِ عَلَّمَنِي دُعَاءً أَدْعُو بِهِ فِي صَلَاتِي. قَالَ " قُلِ اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا، وَلَا يَغْفُرُكَ إِلَّا أَنْتَ، فَاعْفُرْ لِي مِنْ عَثْمِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ " (Abu Bakr As-Siddiq said to the Prophet (ﷺ) "O Allah's Messenger (ﷺ)! Teach me an invocation with which I may invoke Allah in my prayers." The Prophet (ﷺ) said, "Say: O Allah! I have wronged my soul very much (oppressed myself), and none forgives the sins but You; so please bestow Your Forgiveness upon me. No doubt, You are the Off-Forgiving, Most Merciful." ) - Sahih al-Bukhari 7387

Faith (الإيمان): Do not make rivals with Allah while you know ( فلا تجعلوا لله أندادا وانتم تعلمون )

**Surah Al 'Ankaboot 41: ( مَثَلُ الَّذِينَ اتَّخَذُوا مِنْ دُونِ اللَّهِ أَوْلِيَاءَ كَمَثَلِ الْعَنْكَبُوتِ اتَّخَذَتْ بَيْتًا وَإِنَّ أَوْهَنَ الْبُيُوتِ لَبَيْتُ الْعَنْكَبُوتِ لَوْ كَانُوا يَعْلَمُونَ ) (The likeness of those who take (false deities as) Auliya' (protectors, helpers) other than Allah is the likeness of a spider who builds (for itself) a house; but verily, the frailest (weakest) of houses is the spider's house - if they but knew.)**

- The one committing shirk is like a spider and the one he's taking as rivals is similar to taking a spider web as a home.

**Surah Az Zumar 3: ( أَلَا لِلَّهِ الدِّينُ الْخَالِصُ وَالَّذِينَ اتَّخَذُوا مِنْ دُونِهِ أَوْلِيَاءَ مَا نَعْبُدُهُمْ إِلَّا لِيُقَرِّبُونَا إِلَى اللَّهِ زُلْفَىٰ إِنَّ اللَّهَ يَحْكُمُ بَيْنَهُمْ فِي مَا هُمْ فِيهِ يَخْتَلِفُونَ ۗ إِنَّ اللَّهَ لَا يَهْدِي مَنْ هُوَ كَاذِبٌ كَفَّارٌ ) (Surely the religion (i.e. the worship and the obedience) is for**



Allah only. And those who take Auliya' (protectors, helpers, lords, gods) besides Him (say): "We worship them only that they may bring us near to Allah." Verily Allah will judge between them concerning that wherein they differ. Truly, Allah guides not him who is a liar, and a disbeliever.)

- The reason for taking awliya is in order to draw closer to Allah (ﷻ). Allah (ﷻ) says that Him is the pure deen; He doesn't want that we take others as mediators.

**Surah Ash Shura 6:** (وَالَّذِينَ اتَّخَذُوا مِنْ دُونِهِ أَوْلِيَاءَ اللَّهُ حَفِيظٌ عَلَيْهِمْ وَمَا أَنْتَ عَلَيْهِمْ بِوَكِيلٍ) (And as for those who take as Auliya' (guardians, supporters, helpers, lords, gods, protectors) others besides Him [i.e. they take false deities other than Allah as protectors, and they worship them] - Allah is Hafidh (Protector, Watcher) over them (i.e. takes care of their deeds and will recompense them), and you (O Muhammad صلى الله عليه وسلم) are not a Wakil (guardian or a disposer of their affairs) over them (to protect their deeds).)

- The Prophet (ﷺ) is not responsible for those who take awaliya.

**Homework: go over these ayat about (أندادا) and (أولياء)**

**Surah Ash Shura 9, 46**

**Surah Al Baqarah 22, 165**

**Surah Ibrahim 30**

**Surah Saba 33**

**Surah Az Zumar 8**

**Surah Fussilat 9**

**How can we change ourselves for the better?**

- Ask Allah (ﷻ) to be protected from shirk: We seek refuge with Allah to associate with Him while we know and seek His forgiveness while we do not know.
- Do not commit dhulm – not in the rights of Allah (ﷻ) or the rights of the people
- Take heed of the reminders

**May Allah (ﷻ) protect us from the hellfire and shirk. Ameen.**