



Quranic & Prophetic Nurturing Program

Spring of the Heart: Surah Al Furqan (سورة الفرقان) – Class 14

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Introduction

- The following ayah is a core of Ibad Ar Rahman. They are humans, they are not idols or gods nor are they perfect. They have furqan; they know what to do and how to act. When they're put in a situation they are composed and can gather themselves.
- Foresight in Surah An Noor is about observing the people but foresight in Surah Al Furqan is to program yourself internally to be peaceful.
- The disbelievers were putting down the prophets by saying, 'how can they eat and walk in the markets?'. The prophets are normal people so don't make them gods.
- And then Allah (ﷻ) uses the same statement, 'they eat and walk in the markets' for the truth; and this is furqan. The disbelievers used it as a way to put down the messengers, but Allah (ﷻ) used it as truth. Do not take them as idols thus committing shirk.
- With one statement, it can distinguish who's saying it hurtfully, and who's saying it out of truthfulness.
- A person needs to filter and know what to take and what to reject. What is the purpose of furqan? To be a warning for the people.

Ayah 20

وَمَا أَرْسَلْنَا قَبْلَكَ مِنَ الْمُرْسَلِينَ إِلَّا إِنَّهُمْ لَيَأْكُلُونَ الطَّعَامَ وَيَمْشُونَ فِي الْأَسْوَاقِ ۗ وَجَعَلْنَا بَعْضَكُمْ لِبَعْضٍ فِتْنَةً أَتَصْبِرُونَ ۗ وَكَانَ رَبُّكَ بَصِيرًا

And We never sent before you (O Muhammad صلى الله عليه وسلم) any of the Messengers but verily, they ate food and walked in the markets. And We have made some of you as a trial for others: will you have patience? And your Lord is Ever All-Seer (of everything).

Word

وَمَا أَرْسَلْنَا قَبْلَكَ

Meaning

and We did not send before you

مِنَ الْمُرْسَلِينَ

from messengers

إِلَّا إِنَّهُمْ لَيَأْكُلُونَ الطَّعَامَ

except they eat food

وَيَمْشُونَ فِي الْأَسْوَاقِ

and walk in the markets

وَجَعَلْنَا بَعْضَكُمْ

and we made some of you

لِبَعْضٍ فِتْنَةً أَتَصْبِرُونَ

to one another a trial, will you be patient?

وَكَانَ رَبُّكَ بَصِيرًا

and verily your Rabb is All-Seeing

- When we face a problem, we exaggerate and make everyone feel the pain we're feeling, subhan Allah.
- (وَمَا أَرْسَلْنَا قَبْلَكَ مِنَ الْمُرْسَلِينَ) (And We never sent before you (O Muhammad صلى الله عليه وسلم) any of the Messengers): All of the messengers were ordinary people so what about others who are not messengers and are being idolized? Subhan Allah.
- (إِلَّا إِنَّهُمْ لَيَأْكُلُونَ الطَّعَامَ وَيَمْشُونَ فِي الْأَسْوَاقِ) (but verily, they ate food and walked in the markets.): the messengers have a life, in Islam a person is not just dedicated to worship alone without getting married or eating. There are natural human needs and a person does it in a correct way and not suppress it. The messengers are ordinary people so we can take them as an example and this is practical.
- (وَجَعَلْنَا بَعْضَكُمْ لِبَعْضٍ فِتْنَةً) (And We have made some of you as a trial for others.): one group is a fitna for another group, one person is fitna for another person, one group is a fitna for one person, and one person is a fitna for one group. We need to admit that we are a fitna for each other – whether we put others down or we idolize them.
- Fitna happens when its two different 'seas' clashing and they cause sparks with each other.

Types of people when a fitna comes:

1. **Sick nafs (نفس مريضة):** it goes according to its desires (تسير على هواها). They have no boundaries, they mix everything with friends, work and family; they have no boundaries. For example they'll call their work conversation into their family conversation. They don't distinguish



between the two. Even when inviting others, they might invite a person think they will be the only one and then they invite others along the way. They quickly get influenced because they want to fit in. They don't think about what's pleasing to Allah (ﷻ), they go against guidance (مخالف الهدى).

2. **Only waiting to find faults and attack (المتريص):** this person is only waiting to find one fault and he'll attack; he's on the nerve of everyone. This is from the quality of the hypocrites who are only waiting to find faults. A person doesn't react with such people and remains patient.
 3. **Weak personality (ضعيف الشخصية):** such a person quickly gets influenced by others and is sensitive. Anything said to them will quickly affect them. They think they're a victim every time. For example if someone passes by them and doesn't say salam they immediately think something and are affected by it.
 4. **Strong and truthful (القوي الصادق):** he doesn't get influenced by the desires of others. He doesn't look at people but asks Allah (ﷻ) to show him the truth. He doesn't want to find the faults of others, he isolates the problems and issues. He always looks at the bigger picture over the smaller one. May Allah (ﷻ) make us among them. Ameen.
- (أَتَصْبِرُونَ ۗ وَكَانَ رَبُّكَ بَصِيرًا) (will you have patience? And your Lord is Ever All-Seer (of everything).): to be continued in sha'a Allah

Homework

Option 1: find the word (فتنة) in the Quran. Find the Surah, Ayah, and Tafsir As Sa'ady.

Option 2: Research in the Quran for the words (ناس ، انسان): surah, ayah, tafsir.

Option 3: Research in the Quran for the words (امرأة ، رجل): surah, ayah, tafsir

How can we change ourselves for the better?

- Be patient with others
- Seek the truth from Allah (ﷻ)
- Do not commit shirk

May Allah (ﷻ) protect us from all fitnas and help us to act on the truth. Ameen.