



Quranic and Prophetic Nurturing Program

Level Two – Class 5

Date: 10 February 2019 / 05 Jamad Al Thani 1440



Quran Section

Surah Al 'Aadiyat

1

وَالْعَادِيَاتِ ضَبْحًا

By the (steeds) that run, with panting.

2

فَالْمُورِيَاتِ قَدْحًا

Striking sparks of fire (by their hooves).

3

فَالْمُغِيرَاتِ صُبْحًا

And scouring to the raid at dawn.

4

فَأَنْزَرْنَ بِهِ تَغْطًا

And raise the dust in clouds the while.

5

فَوَسَطْنَ بِهِ جَمْعًا

And penetrating forthwith as one into the midst (of the foe).

6

إِنَّ الْإِنْسَانَ لِرَبِّهِ لَكَنُودٌ

Verily, man (disbeliever) is ungrateful to his Lord.

7

وَأَنَّهُ عَلَىٰ ذَٰلِكَ لَشَهِيدٌ



And to that he bears witness (by his deeds).

8

وَإِنَّهُ لَحُبُّ الْخَيْرِ لَشَدِيدٌ

And verily, he is violent in the love of wealth.

9

أَفَلَا يَعْلَمُ إِذَا بُعْثِرَ مَا فِي الْقُبُورِ

Knows he not that when the contents of the graves are poured forth (all mankind is resurrected)?

10

وَحُصِّلَ مَا فِي الصُّدُورِ

And that which is in the breasts (of men) is made known?

11

إِنَّ رَبَّهُم بِهِمْ يَوْمَئِذٍ لَّخَبِيرٌ

Verily, that Day (i.e. the Day of Resurrection) their Lord will be Well-Acquainted with them (as to their deeds and will reward them for their deeds).

- The One Who can bring out the best from us is Allah Al Khabeer. All that we have are the best resources and we'll be nurtured in the best way because the One Nurturing us is Al Khabeer, He is 'expert' in all matters.
- The aadiyat are running and they know when they've reached the target. They know when to go and when to stop. We need to use what Allah (ﷻ) has given us to reach the best in our life.
- Allah (ﷻ) knows if we're doing the best we can or not.
- When pondering a surah, notice the names of Allah (ﷻ) first. The names mentioned in Surah Al 'Adiyat are Ar Rabb and Al Khabeer.
- We are being nurtured in order to remove the defects and faults, and with nurturing our faults come to the surface. Nurturing is also to improve and enhance what we have. So nurturing is two processes:
 - Purification
 - Adornment



- Sometimes we can be an enemy to ourselves and become obstacles from the nurturing. We don't know what defects we have and we don't know what we can improve on, but Who knows? Ar Rabb – Al Khabeer.
- We can reach the best target but what's holding us back? Being ungrateful. The One Who's Khabeer will not just fix it for us, but He will show us what's broken and the process to solve it.
- Even the way Allah (ﷻ) nurtures us in not by pointing at us, but by starting with a picture of horses which are running.

Division of Surah:

1. Oaths: Ayat 1 to 5 - The oaths are all about horses
2. Subject of the oath: Ayat 6 to 8 - They are about two dispraised characteristics of the human - ungrateful and loves wealth greatly
3. Remedy: Ayat 9 to 11

Oaths: Ayat 1 to 5 - The oaths are all about horses

What are the qualities of the horses mentioned?

- Ayat 1 to 3 are descriptions of the horse
- Ayat 4 to 5 are actions of the horse

Subject of the oath: Ayat 6 to 8 - They are about two dispraised characteristics of the human - ungrateful and loves wealth greatly

What are the descriptions of the human?

- Ungrateful (لَكَوُدٌ)
- Witness to his deeds (لَشَهِيدٌ)
- Loves wealth intensely (لَشَدِيدٌ)

Remedy: Ayat 9 to 11

Homework: find hadiths about horses and their virtues

المفردات	Meaning
العاديات	Racing Horses. Horses which are running over obstacles.
ضبحا	Panting As a result of crossing over the obstacles and its speed.
الموريات	Striking They're running on a difficult and rocky terrain. And there are sparks so they're running at night.
قدحا	Sparks As a result of striking the rocks.
فالمغيرات	Conquering
صبحا	Morning They reach in the morning so they have a deadline.
فأثرن	Affecting the dust to become a dust cloud. Their speed causes the dust to form into a dust cloud.
نقعا	Dust
فوسطن	Center The one who reaches the center will get everything, unlike the one in the corners. They are grateful to their master and what he's given them.
جمعا	Group Everyone has something which they're special in so we should never underestimate what Allah has given us.
الانسان	The human Allah is nurturing us by finding our faults, developing us and making us better. Everything is for our nurturing in order to bring out the best from us.
كنود	Ungrateful Gratitude is showing the effect of Allah's nurturing on us. But the human is ungrateful and miserly in showing Allah's nurturing. He was nurtured the best by Allah, but he's only complaining about it or enjoying it without output.

شَهِيدٌ	Witness A person knows when he's doing his best and when he isn't.
حُبُّ الدُّنْيَا	Love of duniya The human loves the duniya so he's not doing his best for the akhira.
شَدِيدٌ	Intense and much
بَعَثَ	Poured out Does he know when what's in the graves will be poured out?
القُبُورِ	The graves
حَصَلَ	Result
الصدور	The chests
ربهم	Their Lord
لِخَيْرٍ	All-Aware

Words	Meanings
The panting horses	Horses whose sound is heard from their speed.
Hoofs striking causing sparks	Sparks appear as a result of their hooves striking.
Conquering in the morning	Conquer the enemies in the morning
Causing dust clouds	The air is filled with dust as a result of their speed
Centered in the middle as a group	Centered in the middle gathered against the enemy

المعنى العام	المفردات
الخيل يظهر صوتها من سرعة عدوها.	وَالْعَادِيَاتِ ضَبْحًا
فالخيل اللاتي تنفدح النار من صلابة جوافرها؛ من شدة عدوها.	فَالْمُورِيَّاتِ فِدْحًا
التي تهاجم الأعداء عند الصبح.	فَالْمُغِيرَاتِ صُبْحًا
ملأن الجو غبارًا من سرعتها.	فَأَثَرُنَّ بِهِ تَفْعًا
فتوسطن بركبتهن جموع الأعداء.	فَوَسَطْنَ بِهِ جَمْعًا
إن الإنسان لنعم ربه ليجود.	لَتَكُونُوا
يشهد على نفسه بأنه جود.	لَشَهِيدٌ

Ungrateful	Human is ungrateful to his Lord's blessings
Witness	The human is witness to himself that he's ungrateful

الاسئلة
 ما اسم الله المذكور في السورة ؟
 ما القسم و المقسم به ؟
 ما الصورة المحورية لسورة العاديات ؟
 ما صفات الخيل في صورة العاديات ؟
 ما صفات الانسان في سورة الذاريات ؟
 ما سبب ان الانسان كنود ؟
 كيف التغلب على صفة الكنود ؟
 ماذا يحب الانسان ؟
 ما تأثير حب المال على الانسان ؟

1. Which names of Allah are mentioned in the surah?
2. What is the oath and subject of the oath?
3. What is the theme of Surah Al Adiyat?
4. What is the description of the horses in the surah?
5. What is the description of the human in the surah?
6. What is the reason for a person to be ungrateful?
7. How can a person overcome it?
8. What does the human love?
9. What are the effects of love of wealth on the human?

How do we act on the ayat we learned?

- Do the best
- Feel poor to Allah's nurturing
- With Allah's nurturing we can reach our target in the fastest way

Hadith Section

Fourteenth Lesson: Do not find fault in food (لا نعيب أي طعام)

Hadith: قَالَ رَقِيبٌ مَعَ أَبِي هُرَيْرَةَ عَلَى ظَهْرِ الْمَسْجِدِ، فَتَوَضَّأَ فَقَالَ إِنِّي سَمِعْتُ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَقُولُ " إِنَّ أُمَّتِي يُدْعَوْنَ يَوْمَ الْقِيَامَةِ (Once I went up the roof of the mosque, along with Abu Huraira. He perform ablution and said, "I heard the Prophet (ﷺ) saying, "On the Day of Resurrection, my followers will be called "Al-Ghurr-ul- Muhajjalun" from the trace of ablution and whoever can increase the area of his radiance should do so (i.e. by performing ablution regularly).' ") - Sahih al-Bukhari 136



- Wudhu can make a person distinct on the Day of Judgement. Just as in this life, someone who's clean is different from someone who's dirty and someone who's pious is different from someone who's wicked. May Allah (ﷻ) always make us among those who are pure and repenting.
- Anyone who's always trying to purify himself is an indication of belief.
- Wudhu brings a glow and radiance to the face on the Day of Judgement.

Word	Meaning	Word	Meaning
إِنَّ أُمَّتِي يُدْعُونَ يَوْمَ الْقِيَامَةِ	On the Day of Resurrection, my followers will be called	فَمَنْ اسْتَطَاعَ مِنْكُمْ أَنْ يُطِيلَ غُرَّتَهُ فَلْيُفَعِّلْ	whoever can increase the area of his radiance should do so (i.e. by performing ablution regularly)
غَرًّا مُحَجَّلِينَ مِنْ أَثَارِ الْوُضُوءِ،	"Al-Ghurr-ul- Muhajjalun" from the trace of ablution and		

Words	Meanings
يدعون	They will be called
يوم القيامة	Day of Judgement
غرا	Forehead, shiny, especially for the horses which are white
محجلين	White in hand, face and feet
أثار الوضوء	Traces from wudhu
استطاع	Able
غرته	His forehead

الاسئلة
 ما فضل الوضوء ؟
 كيف الحصول على السعادة ؟
 ما فضل أمة محمد ؟
 ما هو حوض النبي صلى الله عليه
 وسلم ؟

1. What are the virtues of wudhu?
2. How can a person attain happiness?
3. What are the virtues of Ummat Mohammed (ﷺ)?
4. What is the Cistern / Pool of water of the Prophet (ﷺ)?

Acting on what we learned:

- Ihsan in the wudhu

Fiqh Section

Sujud As Sahuw – Prostration of Forgetfulness (سجود السهو)

Doubts in the Prayer (الشك في الصلاة)

It's important to clarify the doubts we have so that we have yaqeen. When a person has yaqeen then nothing can affect or influence it.

Nothing can change the truth.

- **If we're doubting something and we feel more than 50% certain about it then we assume we're certain.**
- **If we're doubting something and we feel 50/50 about it, then we assume we didn't do it.**

Seerah Section

Fourteenth Lesson: Migration to Abyssinia (الهجرة الى الحبشة)

- The number of Muslims increased yet not all could face the suffering. The situation to come out of this torment was to migrate.
- The other reason for the migration was because of the increase in torture of the Muslims.
- Allah (ﷻ) inspired the Prophet (ﷺ) to leave Makkah and go somewhere else. From this we learn when someone is oppressed and is afraid then he should leave, and not rebel.
- They were to migrate to Abyssinia because there is a king who does not oppress the people. This means Najashi was a just ruler and the just ruler has many great virtues; he will be shaded on the Day of Judgement. May Allah (ﷻ) make us just. Ameen.
- Victory will be given to the just disbeliever over the unjust Muslim.

لماذا حدثت الهجرة الى الحبشة ؟

كم كان عدد المسلمين ؟

لماذا اختيرت الحبشة مكان للهجرة ؟

من الذي حاولوا الكيد للمسلمين

في الحبشة ؟

كيف كانت محاولة قريش للكيد

بالمسلمين ؟

ماذا قرأ عليهم جعفر رضي الله

عنه ؟

هل أسلم النجاشي ؟

ما الدليل ؟

1. Why is there a migration to Abyssinia?

2. What were the number of Muslims?

3. Why was Abyssinia chosen?

4. How did Quraish try to plot against the Muslims?

5. What did Jafar (رضي الله عنه) recite upon them?

6. Did Al Najashi accept Islam?

7. What is the evidence?



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May Allah (ﷻ) increase us in knowledge, make us grateful and help us apply what we learned.

Ameen.